

## **TAC Annual Report 2018**

This is the first Annual Report since the club became a Charitable Incorporated Organisation (CIO) in May 2018. Thanks to Ann Czarnowski for her work in setting up the legal aspects of the CIO. This has led to some structural changes to the management of the Club but the goal of everyone involved is to continue to make it one of the most successful and thriving clubs in the country. The main thrust of the report is to highlight the successes of the club but will start with a summary of the new organisation and where everyone fits in.

The Constitution of the CIO states that “The main purpose of the club is the promotion of community participation in healthy recreation for the public benefit and the benefit of the inhabitants of Tonbridge and Malling and the surrounding area by the provision of facilities for athletics and athletics related activities.”

In compliance with Charity Law, a Board of Trustees has been set up in addition to the TAC Management Committee. These two bodies work together to complement each other to manage the TAC CIO in an efficient manner.

The role of the Trustees is to provide oversight and strategic direction to the Club to make sure that it adheres to the rules laid down by the Charity Commission and that the budget of the club and assets are used to meet the charitable purposes of the Club

The role of the management committee is to manage the Club on a day-to-day basis so that it is run effectively and efficiently.

The Management Committee continues to update the Club Development Plan and many of the items discussed in last year’s Annual Report are now visible. There have been a number of visible changes at the track area. The new lights have been installed, at a cost of just under £75K, which improve illumination of the track and now also the jumping area. The track was re-laid over the summer by Tonbridge School and the throwing circle replaced. The winter throws area is now under construction and should be in use by the AGM £15k has been allocated, to be spent in 2018/19.

The Community Use Agreement (CUA) between Tonbridge School and Tonbridge and Malling Borough Council has been signed recently, backdated to September 2017, and is now in place for 20 years. This outlines the costs of track hire and availability of facilities, which allows the Club to make long-term financial plans, commitments and investments.

Membership continues to be very strong. At present we only have one person on a waiting list, we have 28 people who are trialists, this is due to brilliant work from the two trial coordinators, Nicky Slack and Sian Dubery, who have worked hard to find places for people. We currently have 891 members (including associates, coaches VPs etc.) and 28 trial members.

The situation will hopefully be eased in future years with an increase in the number of Coaching Assistants who qualified this year. A coaching course was organised at the Club on 27/28 October with 9 attendees and it is important that these coaches and

others who qualified throughout the year are supported to become Athletics Coaches. For anyone interested in coaching please note that the Club covers the cost with the expectation that he/she will assist at the Club.

The Club is currently in a strong financial position and this taken together with the strong membership plus the certainty over the costs associated with the track hire etc, included in the CUA, it is recommended by the Trustees and Management Committees that the Fees remain unchanged for next year.

The Club competes with great success in a wide range of events and Leagues covering all ages from U13 to Veterans/Masters. All members are strongly encouraged to compete for the Club and contribute to its ongoing success. Many athletes feel they may not be of a good enough standard but improvement only comes from testing yourself in competitive situations and there will be successes but no failures.

Planning is underway for a Tonbridge Twilight Invitational Meeting on Friday 31st August with the aim of creating an evening of top class athletics. This is a new innovation at the Club and an aim will be to highlight the strengths of Tonbridge Athletics. More details will be available as planning progresses so please keep the date free, as volunteers will be required to help with planning and assist on the night.

This year I have included list of achievements at National and International Athletes from the Club over the year, which we will update on an annual basis. Apologies for any omissions, please inform me and it will be added. The success of each athlete is based on hard work over many years, with support from coaches who have given their time and skills to help them achieve their ambitions.

We need to thank everyone who makes the Club a success, coaches, officials, team managers, committee members, volunteers and please note new volunteers are always welcome for the many tasks that are needed to make the Club run smoothly and efficiently.

## **Athletic Successes 2018 at National and International Level Throughout 2018**

### **Chris Olley - Great Britain Senior Men's Team at Edinburgh Cross Country International - January 2018**

Chris Olley, representing the Great Britain senior men's team finished 16th over 8km and was the fifth Brit home, scoring for the team. This was Chris' first ever full senior international.

### **Phoebe Barker - Great Britain Under 20 women's Team at Edinburgh Cross Country International - January 2018**

Phoebe Barker finished 15th in the Under 20 women's race and was sixth GB team member home.

### **Lewis Church - Great Britain Team for Indoor International, Madrid Spain - January 2018**

His first Senior GB vest. Selected as a result of his 2nd place in the Indoor Heptathlon Championships.

### **Senior Men - English National Cross Country Champions - February 2018**

The men's team retained their National title, at Parliament Hill.

George Duggan (14th), Chris Olley (5th), Ben Cole (18th), Ryan Driscoll (35th), Max Nicholls (33rd), Robbie Farnham-Rose (26th).

### **Ashley Gibson runs for an England women's team in Holland - March 2018**

Ashley Gibson raced 10k at the Parelloop TOP Run in Holland, where she finished 7th in 34.20.

### **Senior Men - National 12 Stage Road Relay Champions - April 2018**

The Tonbridge men's team won the National 12 stage road relay championship for the first time ever.

Kieran Reilly, Jamie Bryant, Sean Molloy, Dom Brown, Ryan Driscoll, George Duggan, Chris Olley, Max Nicholls, Jamie Goodge, Ally Kinloch, Ben Cole, Charlie Joslin-Allen

### **Tom Bosworth - Silver medal 20km walk Commonwealth Games, Gold Coast - April 2018**

Gold UK 10km and 20km Championships plus multiple national and records world bests.

### **Maria Heslop (V50) - England Masters at Birmingham Great Run 10K - May 2018**

First V50 Woman in the London Marathon. Ran a 10K PB of 36.03 to be ranked the second fastest W50 in the UK of all time

### **Lewis Church - Bronze Senior UK Decathlon Championships, Gold U23 - May 2018**

### **Harry Kendall - Silver U23 UK Decathlon Championships and Silver BUCS Championship - May 2018**

**James Puxty - Great Britain under 20 team at Loughborough International - May 2018**

James was selected for the GB under 20 team to race over 3000 metres at the Loughborough International.

**Max Nicholls - England team at Mountain Running Home International - June 2018**

Max Nicholls finished 4th in the Mountain Running Home International, at Sedbergh, Cumbria.

**Max Nicholls - Great Britain team at European Mountain Running Championships - July 2018**

Max finished 12th at the European Championships and was the third GB scorer, as the team won silver medals.

**Alfie Scopes - Silver in the discus at the English Schools Championships - July 2018.**

This was his 5<sup>th</sup> English Schools medal, with 4 discus gold medals in the previous 4 years.

**Lucinda White - Gold in Pole Vault at English Schools Championship – July 2018**

**Katie Goodge - England Schools team at Home International, Scotland - July 2018**

As a result of finishing second in the English Schools Inter Girls 3000m championship Katie Goodge was selected for the England team.

**Ian Crawley V55 – 1<sup>st</sup> British Masters Decathlon Championships – July 2018**

Finished 6<sup>th</sup> in World Masters Decathlon, September 2018

**Lewis Church – England team for Home Countries Combined Events International, Manchester - August 2018**

2<sup>nd</sup> place

**Harry Kendall – England Team for Home Countries Combined Events International – Manchester - August 2018**

First International vest, 3<sup>rd</sup> place

**Guy Thomas – England Team for Home Counties International – 10km Walk – August 2018**

**Zak Skinner – GB Team for World Para European Championships, Germany – August 2018**

Silver Medal

**Lucinda White – Gold in Pole Vault at England Athletics U15 Championships – August 2018**

**Senior Men's' Team promoted to Division 3, British Athletics League**

Won Division 4 title in first year in the league.

**Max Nicholls - Great Britain team at World Mountain Running Championships - September 2018**

Max finished 52nd at the World Championships and was the fourth GB scorer, as the team won silver medals.

**Lucy Reid - England team at the Commonwealth Half Marathon Championships, Cardiff - October 2018**

11<sup>th</sup> overall in new pb of 73:47 and new club record

**Henry Pearce - England team at Toronto Marathon - October 2018**

Henry Pearce was selected for an England team to compete in the Toronto Marathon. Henry placed 14th and set a Tonbridge AC club record of 2.19.22.

**Under 13 Girls - National Road Relay Champions - October 2018**

Sophie Slack, Lily Slack and Olivia Breed won at Sutton Coldfield.

**Senior Women - National Cross Country Relay Champions - November 2018**

Ashley Gibson , Nicole Taylor and Lucy Reid won the first ever TAC National Championship on the road or cross country.

**Under 13 Girls - National Cross Country Relay Champions - November 2018**

Sophie Slack, Lily Slack and Olivia Breed won the first ever TAC female title at the National cross-country relays.

**Nicole Taylor - England team at Burgos Spain International Cross Country Meeting - November 2018**

Nicole Taylor was selected to run for an England team in Burgos, Northern Spain. This was Nicole's England debut and she finished as first of the English in 15th spot.