

**Kent County Championship Results Saturday 13/05/2017**

**Senior Men**

<b>100m</b>		<b>Heat 1</b>	<b>w/s=-3.3</b>
No.	Athlete	Club	Perf
1	19	Conrad Williams	Kent AC
2	15	Wade Thompson	Cambridge Harriers
3	18	Michael Watson	Medway and Maidstone AC
4	12	Lewis Parsons	Thanet AC
5	9	Casey Johnson	Dartford Harriers AC
6	3	Mathew Beech	Swale Combined AC
7	14	Stanley Thomas	Cambridge Harriers

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<b>100m</b>		<b>Heat 2</b>	<b>w/s=-3.2</b>
No.	Athlete	Club	Perf
1	4	Nathan Brown	Kent AC
2	8	Darren Green	Kent AC
3	13	Ishmael Smith-John	Blackheath & Bromley H AC
4	1	Justin Bailey	Dartford Harriers AC
5	6	Oluwaseyi Daramola	Cambridge Harriers
6	5	Lincoln Campbell	East Grinstead & District AC
7	16	Adam Wall	Thanet AC

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<b>100m</b>		<b>Final</b>	<b>w/s=-3.4</b>
No.	Athlete	Club	Perf
1	19	Conrad Williams	Kent AC
2	4	Nathan Brown	Kent AC
3	8	Darren Green	Kent AC
4	13	Ishmael Smith-John	Blackheath & Bromley H AC
5	15	Wade Thompson	Cambridge Harriers
6	1	Justin Bailey	Dartford Harriers AC
7	18	Michael Watson	Medway and Maidstone AC
8	12	Lewis Parsons	Thanet AC

<b>400m</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	30	Lewis Heffernan	Medway and Maidstone AC
2	25	George Huxley	Ashford AC
3	33	Lewis Smith	Ashford AC
4	28	George Clements	Medway and Maidstone AC
5	32	Tom Richards	Tonbridge AC
6	35	Franco Vainio-Doiseul	Cambridge Harriers
7	31	James Opio	Kent AC

<b>1500m</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	39	Charlie Joslin-Allen	Tonbridge AC
2	48	Thomas Cox	Tonbridge AC
3	50	Daniel Kennedy	Blackheath & Bromley H AC
4	51	Janusz Latala	Dartford Harriers AC

<b>5000m</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	59	Benedict Cole	Tonbridge AC
2	64	James Puxty	Tonbridge AC
3	67	Thomas Wright	Bexley AC
4	63	Peter Lighting	Kent AC
5	56	Daniel Bradley	Tonbridge AC
6	58	Alex Cameron	Dartford Harriers AC
7	62	Robert Laing	Kent AC
8	42	Harry Paton	Tonbridge AC
9	66	Tony Tuohy	Dulwich Runners AC
10	60	Samuel Evans	Kent AC
11	61	Matthew Field	Larkfield AC

<b>110m Hurdles</b>		<b>Final</b>	<b>w/s=-2.9</b>
No.	Athlete	Club	Perf
1	71	Paul Slater	Bexley AC
2	69	Peter Davey	Ashford AC

<b>Pole Vault</b>		<b>Final</b>	
No.	Athlete	Club	Perf
1	78	Scott Huggins	Blackheath & Bromley H AC
2	70	Matthew Harris	Ashford AC
3	82	Luke Williams	Ashford AC
4	77	Ben Stanbury	Cambridge Harriers

CBP  
4.80 xo;4.90 o;5.00 o;5.11 xo;5.26 o;5.30 xxx  
3.70 o;3.80 -;4.00 xxx  
3.20 xo;3.30 -;3.40 xo;3.50 xo;3.60 xo;3.70 xxo;3.80 xxx  
3.20 o;3.30 ox;3.40 o;3.50 xxo;3.60 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	92	Louis Mascarenhas	Blackheath & Bromley H AC	13.72
2	70	Matthew Harris	Ashford AC	11.31
3	91	Andrew Kruszewski (M55)	Cambridge Harriers	10.90
4	93	Peter Wishart (M55)	Cambridge Harriers	8.71
5	90	Michael Farrell (M55)	Swale Combined AC	7.69

13.30; 13.01; 13.67; 13.72; 13.71; x  
 11.04; 11.20; 10.74; x; 11.31; 11.02  
 10.66; 10.77; 10.56; 10.69; 10.80; 10.90  
 x; 8.58; 8.54; 8.71; 8.30; 8.68  
 7.40; 7.69; 7.27; 6.94; x; 7.04

Discus		Final		
No.	Athlete	Club	Perf	
1	92	Louis Mascarenhas	Blackheath & Bromley H AC	50.34
2	70	Matthew Harris	Ashford AC	42.89
3	91	Andrew Kruszewski (M55)	Cambridge Harriers	38.55
4	93	Peter Wishart (M55)	Cambridge Harriers	25.65
5	90	Michael Farrell (M55)	Swale Combined AC	23.09

50.34; 47.41; 49.74; x; 48.93; 49.67  
 35.74; 42.89; 41.96; x; x; 40.13  
 38.55; x; x; x; x; x  
 x; x; x; 24.27; 25.65; x  
 15.91; 23.09; 19.98; 20.41; x; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	94	Graham Holder (M45)	Bexley AC	51.94
2	95	Shaun Medlen (M35)	Bexley AC	30.41
3	96	Andrew Rushbrook (M50)	Bexley AC	30.17
4	90	Michael Farrell (M55)	Swale Combined AC	24.55

48.70; 48.34; 51.94; x; 51.18; x  
 x; 27.84; 28.25; 28.93; 30.41; 30.11  
 x; 27.71; 28.17; 30.17; 22.74; x  
 21.70; 24.55; 21.79; x; x; 24.13

### U20 Men

100m		Heat 1		w/s=-3.4
No.	Athlete	Club	Perf	
1	148	Korede Awe	Invicta East Kent AC	11.16
2	156	Camron Lyttle	Blackheath & Bromley H AC	11.25
3	155	Matthew Knight	Blackheath & Bromley H AC	11.53
4	157	Alex Marshall	Medway and Maidstone AC	11.57
5	151	Kevin Feyisetan	Dartford Harriers AC	11.69
6	160	Toby Seal	Tonbridge AC	11.70
7	150	Samuel Dawson-Dale	Ashford AC	13.06

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100m		Heat 2		w/s=-2.8
No.	Athlete	Club	Perf	
1	154	Maximilian Heavens	Invicta East Kent AC	11.43
2	162	Solomon Sulaiman	Dartford Harriers AC	11.57
3	152	Rhys Francis	Cambridge Harriers	11.71
4	147	Moses Aregbesola	Bexley AC	11.73
5	149	Michael Damoah	Blackheath & Bromley H AC	11.80
6	146	Israel Ajala	Kent AC	11.82
7	158	Abraham Ogunmefun	Bexley AC	12.10
8	153	Joe Freeman	Blackheath & Bromley H AC	12.35

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100m		Final		w/s=-5.2
No.	Athlete	Club	Perf	
1	156	Camron Lyttle	Blackheath & Bromley H AC	11.31
2	155	Matthew Knight	Blackheath & Bromley H AC	11.72
3	157	Alex Marshall	Medway and Maidstone AC	11.78
4	162	Solomon Sulaiman	Dartford Harriers AC	11.80
5	154	Maximilian Heavens	Invicta East Kent AC	11.90
6	151	Kevin Feyisetan	Dartford Harriers AC	11.95
	148	Korede Awe	Invicta East Kent AC	DIS
	152	Rhys Francis	Cambridge Harriers	DNS

### 400m

400m		Final		
No.	Athlete	Club	Perf	
1	170	Henry Marshall	Tonbridge AC	49.41
2	172	Kody Powell	Cambridge Harriers	51.55
3	168	Cameron Amedee	Ashford AC	51.69
4	171	William Pope	Blackheath & Bromley H AC	51.84
5	169	Callum Brooks	Medway and Maidstone AC	56.46
	167	Tyler Adams	Ashford AC	DNS

### 1500m

1500m		Final		
No.	Athlete	Club	Perf	
1	186	Joss Barber	Blackheath & Bromley H AC	4:11.63
2	190	Jamie Goodge	Tonbridge AC	4:13.36
3	194	Marshall Smith	Ashford AC	4:13.92
4	178	Thomas Manning	Dartford Harriers AC	4:15.90
5	188	Daniel Blades	Tonbridge AC	4:22.81
6	185	James Wilton	Ashford AC	4:23.77
7	192	Lewis Mills	Blackheath & Bromley H AC	4:25.20
8	189	Harry Brown	Tonbridge AC	4:26.98
9	182	Max Read	Medway and Maidstone AC	4:30.74
10	193	James Rolls	Dartford Harriers AC	4:47.72

110m Hurdles		Final		w/s=-2.9
No.	Athlete	Club	Perf	
1	196	Ethan Akanni	Bexley AC	14.88
2	160	Toby Seal	Tonbridge AC	15.19
3	197	Joseph Thurgood	Medway and Maidstone AC	15.34

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	201	Alexander Hardy	Ashford AC	3.50
2	197	Joseph Thurgood	Medway and Maidstone AC	3.30
3	198	George Blake	Medway and Maidstone AC	3.10
	167	Tyler Adams	Ashford AC	nm

3.40 o;3.50 xo;3.60 xxx  
3.20 xo;3.30 o;3.40 xxx  
2.80 o;2.90 o;3.00 o;3.10 o;3.20 xxx  
3.40 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	206	Alfie Scopes	Tonbridge AC	14.60
2	205	Luc Durant	Blackheath & Bromley H AC	14.40
3	207	Harry Wang	The Judd School	10.97

x; x; 14.00; x; x; 14.60  
x; 13.94; x; 14.40; x; x  
10.94; 10.60; 10.95; 10.79; 10.97; 10.86

Discus		Final		
No.	Athlete	Club	Perf	
1	206	Alfie Scopes	Tonbridge AC	48.79
2	208	Dele Aladese	Blackheath & Bromley H AC	44.18
3	207	Harry Wang	The Judd School	39.49

48.79; x; 48.07; 48.60; x; x  
42.55; 42.39; x; 44.18; 42.26; x  
37.39; 37.77; 39.49; 35.68; 37.03; x

### U17 Men

100m		Heat 1		w/s=-3.0	
No.	Athlete	Club	Perf		
1	293	Joshua Oshunrinde	Medway and Maidstone AC	11.35	Q
2	287	Nathan Isaac	Medway and Maidstone AC	11.74	Q
3	298	Ben Sutton	Blackheath & Bromley H AC	11.77	Q
4	303	Myles Xavier	Blackheath & Bromley H AC	12.21	q
5	299	Kareem Waithe	Cambridge Harriers	12.36	q
6	286	Jonathan Fletcher	Kent AC	12.92	
7	302	Leonard Wright	Blackheath & Bromley H AC	13.07	

100m		Heat 2		w/s=-3.7	
No.	Athlete	Club	Perf		
1	288	Rory Kuypers	Medway and Maidstone AC	11.67	Q
2	290	Connor Murphy	Medway and Maidstone AC	12.15	Q
3	292	Harry Osborne	Medway and Maidstone AC	12.16	Q
4	300	Harvey Weed	Medway and Maidstone AC	12.51	
5	285	Konrad Farrall	Thanet AC	12.80	
6	283	Amen Eguavoen	Cambridge Harriers	12.96	

100m		Final		w/s=-5.4	
No.	Athlete	Club	Perf		
1	288	Rory Kuypers	Medway and Maidstone AC	11.57	
2	293	Joshua Oshunrinde	Medway and Maidstone AC	11.59	
3	287	Nathan Isaac	Medway and Maidstone AC	11.84	
4	298	Ben Sutton	Blackheath & Bromley H AC	12.00	
5	292	Harry Osborne	Medway and Maidstone AC	12.14	
6	299	Kareem Waithe	Cambridge Harriers	12.28	
7	303	Myles Xavier	Blackheath & Bromley H AC	12.37	
8	290	Connor Murphy	Medway and Maidstone AC	12.39	

400m		Heat 1			
No.	Athlete	Club	Perf		
1	305	Ethan Brown	Dartford Harriers AC	50.11	Q
2	314	Connor Neal	Thanet AC	53.27	Q
3	311	Barnaby Dougal	Invicta East Kent AC	55.10	Q
4	316	Jack Seery	Thanet AC	56.27	q
5	308	Lewis Cable	Medway and Maidstone AC	56.51	
6	309	Will Cahill	Blackheath & Bromley H AC	58.72	

400m		Heat 2			
No.	Athlete	Club	Perf		
1	313	Michael Fagbenle	Bexley AC	52.74	Q
2	315	Oliver Nisbet	Medway and Maidstone AC	55.30	Q
3	318	Ben Townend	Medway and Maidstone AC	55.76	Q
4	312	Harvey Duffy	Tonbridge AC	55.79	q
5	310	Jacob Calvert	Bexley AC	57.39	
6	317	Joe Small	Thanet AC	60.81	

400m		Final		
No.	Athlete	Club	Perf	
1	305	Ethan Brown	Dartford Harriers AC	49.46
2	313	Michael Fagbenle	Bexley AC	51.62
3	314	Connor Neal	Thanet AC	53.10
4	311	Barnaby Dougal	Invicta East Kent AC	54.57
5	315	Oliver Nisbet	Medway and Maidstone AC	54.77
6	312	Harvey Duffy	Tonbridge AC	55.11
7	318	Ben Townend	Medway and Maidstone AC	55.47
8	316	Jack Seery	Thanet AC	56.51

1500m		Heat 1			
No.	Athlete	Club	Perf		
1	346	Oliver Prior	Ashford AC	4:24.36	Q
2	331	Ben Hughes	Medway and Maidstone AC	4:25.40	Q
3	351	Adam Wood	Ashford AC	4:26.94	Q
4	341	Matthew Francis	Blackheath & Bromley H AC	4:27.25	Q
5	343	Joseph Georgiadis	Blackheath & Bromley H AC	4:27.56	q
6	338	Thomas Wilton	Ashford AC	4:29.12	q
7	327	Joseph Griffiths	Invicta East Kent AC	4:30.51	
8	340	Marcus Etheridge	Invicta East Kent AC	4:37.93	
9	319	Benjamin Tynan	Cambridge Harriers	4:40.22	

1500m		Heat 2			
No.	Athlete	Club	Perf		
1	339	Charlie Brisley	Invicta East Kent AC	4:24.20	Q
2	348	Ronnie Stowell	Bexley AC	4:24.49	Q
3	334	Matthew Stonier	Invicta East Kent AC	4:25.87	Q
4	328	Peter Guy	Blackheath & Bromley H AC	4:26.81	Q
5	344	Ted Higgins	Bexley AC	4:29.64	q
6	345	James Kingston	Tonbridge AC	4:30.34	q
7	342	Benjamin Gardiner	Blackheath & Bromley H AC	4:31.39	
8	350	Adam Van der Plas	Tonbridge AC	4:37.34	

1500m		Final		
No.	Athlete	Club	Perf	
1	341	Matthew Francis	Blackheath & Bromley H AC	4:17.61
2	334	Matthew Stonier	Invicta East Kent AC	4:17.63
3	339	Charlie Brisley	Invicta East Kent AC	4:19.33
4	346	Oliver Prior	Ashford AC	4:20.22
5	328	Peter Guy	Blackheath & Bromley H AC	4:22.05
6	331	Ben Hughes	Medway and Maidstone AC	4:23.66
7	351	Adam Wood	Ashford AC	4:24.70
8	345	James Kingston	Tonbridge AC	4:26.01
9	343	Joseph Georgiadis	Blackheath & Bromley H AC	4:28.32
10	344	Ted Higgins	Bexley AC	4:32.59
11	338	Thomas Wilton	Ashford AC	4:33.69
12	348	Ronnie Stowell	Bexley AC	4:34.73

100m Hurdles		Final		w/s=-4.3
No.	Athlete	Club	Perf	
1	353	Jonathan Mann	Bexley AC	14.22
2	282	Rico Cottell	Blackheath & Bromley H AC	14.59
3	285	Konrad Farrall	Thanet AC	14.85
4	354	Caelan Raju	Blackheath & Bromley H AC	16.13
5	352	David Fullbrook	Tonbridge AC	16.93

High Jump		Final		
No.	Athlete	Club	Perf	
1	362	Luke Okosieme	Cambridge Harriers	1.91
2	363	Brandon Sikity	Cambridge Harriers	1.88
3	282	Rico Cottell	Blackheath & Bromley H AC	1.85
4	360	Omobodunde Balogun	Bexley AC	1.80
5	361	Pedro Gleadall	Blackheath & Bromley H AC	1.80
6	355	Benjamin Blake	Medway and Maidstone AC	1.65
7	309	Will Cahill	Blackheath & Bromley H AC	1.65
8	310	Jacob Calvert	Bexley AC	1.60

Q  
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Q  
Q  
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1.80 o;1.85 o;1.88 xxo;1.91 xxo;1.95 xxx  
1.70 o;1.75 o;1.80 xo;1.85 o;1.88 o;1.91 xxx  
1.65 o;1.70 o;1.75 o;1.80 xo;1.85 o;1.88 xxx  
1.65 o;1.70 o;1.75 o;1.80 o;1.85 xxx  
1.65 o;1.70 xo;1.75 xo;1.80 o;1.85 xxx  
1.65 o;1.70 xxx  
1.50 xo;1.55 xo;1.60 o;1.65 o;1.70 xxx  
1.45 o;1.50 xo;1.55 o;1.60 o;1.65 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	298	Ben Sutton	Blackheath & Bromley H AC	6.47
2	368	Matthew Hughes	Tonbridge AC	6.47
3	303	Myles Xavier	Blackheath & Bromley H AC	6.05
4	370	Douglas Noel	Invicta East Kent AC	5.97
5	352	David Fullbrook	Tonbridge AC	5.87
6	363	Brandon Sikity	Cambridge Harriers	5.75
7	314	Connor Neal	Thanet AC	5.59
8	281	Anton Bachorski	Tonbridge AC	5.47
9	367	James Burch	Cambridge Harriers	5.41
10	456	Finlay Hollyer	Paddock Wood AC	5.17
11	317	Joe Small	Thanet AC	5.00
12	294	Martin Luther Otchere-Forbi	Bexley AC	4.90

- 6.35,-; 6.36,-; 6.47,-; 6.40,-; 6.41,-; 6.30,-  
 - x; 6.47,-; 6.27,-; 6.15,-; 6.34,-; 6.17,-  
 - 6.05,-; 6.00,-; 5.98,-; 6.05,-; x; x  
 - 5.86,-; 5.97,-; 5.61,-; x; x; x  
 - x; 5.87,-; 5.75,-; x; 5.83,-; x  
 - ; 5.59,-; 5.43,-; 5.60,-; 5.29,-; 5.75,-  
 - 5.59,-; 5.03,-; x  
 - 5.38,-; 5.10,-; 5.47,-  
 - x; 5.41,-; 5.10,-  
 - 5.17,-; 5.01,-; 4.94,-  
 - 4.76,-; 5.00,-; 4.87,-  
 - x; 4.90,-; x

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	306	Joshua Gbagbo	Blackheath & Bromley H AC	12.18
2	363	Brandon Sikity	Cambridge Harriers	11.83
3	372	Rory Sturgeon	Tonbridge AC	11.82
4	316	Jack Seery	Thanet AC	11.66
5	309	Will Cahill	Blackheath & Bromley H AC	11.07
6	456	Finlay Hollyer	Paddock Wood AC	10.92

- 12.01,-; 11.96,-; 12.01,-; 11.80,-; x; 12.18,-  
 - 11.16,-; 11.83,-; 11.83,-; 11.36,-; 11.60,-; 11.40,-  
 - 11.76,-; 11.49,-; 11.41,-; 11.31,-; 11.82,-; 11.59,-  
 - 11.16,-; 11.25,-; x; 11.46,-; 11.44,-; 11.66,-  
 - x; 10.33,-; 11.00,-; x; 10.99,-; 11.07,-  
 - 10.89,-; 10.68,-; 10.35,-; 10.92,-; 10.49,-; 10.82,-

Javelin		Final		
No.	Athlete	Club	Perf	
1	361	Pedro Gleadall	Blackheath & Bromley H AC	58.45
2	352	David Fullbrook	Tonbridge AC	48.59
3	301	Reece Williams	Swale Combined AC	41.40
4	379	Rowan Burford	Dartford Harriers AC	40.51
5	325	Toby Emm	Tonbridge AC	37.06

54.80; 58.45; 53.82; x; x; 54.14  
 48.59; 39.91; x; 44.52; x; 41.30  
 41.20; x; 36.26; 36.86; 39.06; 41.40  
 x; 37.39; 35.90; 40.51; 39.74; 38.91  
 33.48; 36.19; 34.86; 35.67; 34.24; 37.06

#### U15 Boys

##### 100m

Heat 1		w/s=-1.3		
No.	Athlete	Club	Perf	
1	471	David Adeleye	Medway and Maidstone AC	11.92
2	478	James Mardon	Tonbridge AC	12.85
3	472	Eniola Afolabi	Blackheath & Bromley H AC	12.93
4	474	Henry-James Finch	Invicta East Kent AC	13.59
5	473	Luke Christie	Cambridge Harriers	13.71

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##### 100m

Heat 2		w/s=-3.8		
No.	Athlete	Club	Perf	
1	479	Kyron Morgan	Blackheath & Bromley H AC	12.50
2	484	Lewis Swaby	Tonbridge AC	12.68
3	476	Omarion Jones-Gayle	Cambridge Harriers	12.99
4	486	Michael Uzozie	Medway and Maidstone AC	13.22
5	477	Andrew Khazali	Blackheath & Bromley H AC	13.66
483	Kristian Samwell-Nash	Ashford AC	DNS	

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q

##### 100m

Final		w/s=-4.1		
No.	Athlete	Club	Perf	
1	471	David Adeleye	Medway and Maidstone AC	11.85
2	479	Kyron Morgan	Blackheath & Bromley H AC	12.22
3	476	Omarion Jones-Gayle	Cambridge Harriers	12.62
4	478	James Mardon	Tonbridge AC	13.04
5	472	Eniola Afolabi	Blackheath & Bromley H AC	13.15
6	486	Michael Uzozie	Medway and Maidstone AC	13.30
7	474	Henry-James Finch	Invicta East Kent AC	13.76
484	Lewis Swaby	Tonbridge AC	DNS	

##### 300m

Final				
No.	Athlete	Club	Perf	
1	487	Oliver Briars	Blackheath & Bromley H AC	36.77
2	483	Kristian Samwell-Nash	Ashford AC	37.88
3	472	Eniola Afolabi	Blackheath & Bromley H AC	39.99
4	478	James Mardon	Tonbridge AC	40.01
5	489	Nathaniel Masters	Bexley AC	42.66
6	475	James Gregory	Blackheath & Bromley H AC	42.88
7	494	Louis Small	Thanet AC	43.30
8	493	Jack Small	Thanet AC	43.62

CBP

**1500m Final**

No.	Athlete	Club	Perf	
1	511	Fraser Gordon	Tonbridge AC	4:20.37
2	506	Oliver Bright	Kent AC	4:22.58
3	502	Oscar Parrick	Invicta East Kent AC	4:24.87
4	492	Samuel Reardon	Blackheath & Bromley H AC	4:31.90
5	495	Tom Brash	Blackheath & Bromley H AC	4:34.42
6	509	Haydn Gaffon	Thanet Roadrunners AC	4:48.63
7	514	Pablo Seema-Roca	Dartford Grammar School	4:49.46
8	500	Sam Newson	Invicta East Kent AC	4:50.03
9	505	Luke Abrams	Kent AC	4:51.64
10	490	Oliver Burgess	Dartford Grammar School	4:55.81
11	510	Ethan Gear	Medway and Maidstone AC	4:55.92
12	507	Cameron Dymond	Tonbridge AC	5:01.51
13	513	Alex Macheath	Cambridge Harriers	5:04.22
14	515	Ethan Smith	Bexley AC	5:24.06

**80m Hurdles Final w/s=-2.1**

No.	Athlete	Club	Perf	
1	521	George Seery	Thanet AC	12.74
2	517	Jacob Byfield	Blackheath & Bromley H AC	12.86
3	516	Sami Baruah	Dartford Harriers AC	14.49
4	519	Charles Costello	Tonbridge AC	14.61
5	518	Barnaby Corry	Blackheath & Bromley H AC	15.42
520	Oliver Gregory	Ashford AC	DNS	

**High Jump Final**

No.	Athlete	Club	Perf	
1	484	Lewis Swaby	Tonbridge AC	1.70
2	524	Luke Mellor	Invicta East Kent AC	1.60
3	521	George Seery	Thanet AC	1.55
4	514	Pablo Seema-Roca	Dartford Grammar School	1.50
4	501	Joshua O'Brien	Tonbridge AC	1.50
6	475	James Gregory	Blackheath & Bromley H AC	1.50
7	518	Barnaby Corry	Blackheath & Bromley H AC	1.30

1.40 o;1.45 o;1.50 o;1.55 o;1.60 o;1.65 xxo;1.70 xxo;1.73 xxx  
 1.45 o;1.50 o;1.55 o;1.60 o;1.65 xxx  
 1.40 o;1.45 o;1.50 o;1.55 xxo;1.60 xxx  
 1.40 o;1.45 o;1.50 xxo;1.55 -  
 1.40 o;1.45 -;1.50 xxo;1.55 xxx  
 1.45 xxo;1.50 xxo;1.55 xxx  
 1.25 o;1.30 o;1.35 xxx

**Long Jump Final**

No.	Athlete	Club	Perf	
1	517	Jacob Byfield	Blackheath & Bromley H AC	5.72
2	484	Lewis Swaby	Tonbridge AC	5.52
3	521	George Seery	Thanet AC	5.35
4	481	Spike Purdie	Ashford AC	5.17
5	486	Michael Uzozie	Medway and Maidstone AC	5.05
6	519	Charles Costello	Tonbridge AC	4.77
7	520	Oliver Gregory	Ashford AC	4.13
8	526	Jamie Pearce	Medway and Maidstone AC	3.68

- x; 5.45,-; 5.57,-; 5.36,-; 5.40,-; 5.72,-  
 - 5.46,-; 5.52,-; -  
 - x; 5.35,-; x; x  
 - 4.84,-; 4.90,-; 5.15,-; 4.63,-; 4.86,-; 5.17,-  
 - 4.99,-; x; 5.05,-; 4.78,-; 4.78,-; 4.27,-  
 - x; 4.70,-; 4.77,-  
 - 4.07,-; 4.13,-; rt  
 - 3.17,-; 3.68,-; 3.57,-

**Triple Jump Final**

No.	Athlete	Club	Perf	
1	517	Jacob Byfield	Blackheath & Bromley H AC	11.79
2	472	Eniola Afolabi	Blackheath & Bromley H AC	11.46
3	514	Pablo Seema-Roca	Dartford Grammar School	10.66

- 11.79,-; 11.42,-; 11.73,-; 11.24,-; 11.74,-; 11.50,-  
 - 10.59,-; 11.06,-; 10.93,-; -; 11.46,-; 11.29,-  
 - 10.66,-; 10.21,-; 10.45,-; 10.28,-; 10.22,-; 9.90,-

**Javelin Final**

No.	Athlete	Club	Perf	
1	538	Eddie Brown	Cambridge Harriers	43.59
2	535	Samuel Hunt	Cambridge Harriers	36.55
3	537	Charles Adams	Blackheath & Bromley H AC	26.98
4	533	Joshua-James Clarke	Swale Combined AC	21.54

42.41; 41.23; 39.76; 43.59; 42.24; 42.57  
 33.67; 36.06; x; x; 36.55; 33.53  
 26.98; 24.48; 22.73; x; 18.75; 18.47  
 x; 18.83; x; 21.54; x; x

**Senior Women**

**200m Heat 1 w/s=-4.0**

No.	Athlete	Club	Perf	
1	111	Jodie Leslie	Bedford & County AC	25.96
2	106	Melissa Owusu-Ansah	Blackheath & Bromley H AC	26.66
3	112	Emma-Louise Wagstaff	Kent AC	27.63
4	103	Shauna McFarlane	Medway and Maidstone AC	27.99
5	107	Kirstie Taylor	Dartford Harriers AC	29.25

Q  
 Q  
 Q  
 q  
 q

**200m Heat 2 w/s=-2.4**

No.	Athlete	Club	Perf	
1	105	Ruth Onyekwe	Cambridge Harriers	26.42
2	104	Rebecca McLinden	Blackheath & Bromley H AC	26.51
3	102	Hannah Carson	Dartford Harriers AC	28.22
4	108	Louisa Vallins	Blackheath & Bromley H AC	29.53

Q  
 Q  
 Q

200m		Final		w/s=-4.3
No.	Athlete	Club	Perf	
1	111	Jodie Leslie	Bedford & County AC	25.34
2	105	Ruth Onyekwe	Cambridge Harriers	25.84
3	104	Rebecca McLinden	Blackheath & Bromley H AC	25.85
4	106	Melissa Owusu-Ansah	Blackheath & Bromley H AC	26.17
5	112	Emma-Louise Wagstaff	Kent AC	27.34
6	102	Hannah Carson	Dartford Harriers AC	27.60
7	103	Shauna McFarlane	Medway and Maidstone AC	27.71
8	107	Kirstie Taylor	Dartford Harriers AC	28.78

800m		Final		
No.	Athlete	Club	Perf	
1	119	Briony Walsh	Ashford AC	2:24.14
2	123	Gabija Rasiukeviciute	Invicta East Kent AC	2:28.93

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	125	Sarah Dodds	Bexley AC	84.41

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	116	Bonnie Maugey	Dartford Harriers AC	6:41.36

High Jump		Final		
No.	Athlete	Club	Perf	
1	131	Deborah Martin	Ashford AC	1.70
2	113	Emily Cartledge	Bedford & County AC	1.60
3	130	Katherine Hamilton	Ashford AC	1.45

1.60 o;1.65 o;1.70 o;1.75 xxx  
1.50 o;1.55 o;1.60 o;1.65 xxx  
1.40 xo;1.45 o;1.50 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	134	Diana Adegoke	Thanet AC	5.65
2	126	Joanne Ware	Tonbridge AC	5.58
3	102	Hannah Carson	Dartford Harriers AC	4.19

x; 5.55,-; 5.52,-; 5.65,-; 5.37,-; x  
- 5.58,-; 5.33,-; 5.57,-; 5.44,-; x; 5.52,-  
- x; 4.01,-; 4.19,-

Javelin		Final		
No.	Athlete	Club	Perf	
1	107	Kirstie Taylor (W40)	Dartford Harriers AC	25.06
2	141	Elizabeth Duffin (W35)	Paddock Wood AC	23.62
3	142	Natalie Mann	Cambridge Harriers	21.49
4	137	Christine Lynch (W55)	Swale Combined AC	14.53

25.06; x; 23.38; 22.92; x; x  
20.20; 20.52; 22.55; 22.68; 23.62; x  
19.40; x; 20.93; x; 21.49; 17.75  
13.63; 13.78; 14.43; 14.53; x; 14.45

U20 Women		Final		w/s=-3.9
No.	Athlete	Club	Perf	
1	224	Ellie Turner	Medway and Maidstone AC	25.71
2	222	Darcey Kuypers	Medway and Maidstone AC	26.07
3	229	Megan Walsh	Blackheath & Bromley H AC	26.74
4	221	Parris Johnson	Blackheath & Bromley H AC	27.04
5	219	Magda Cienciala	Blackheath & Bromley H AC	27.66
6	226	Taiwo Eyiowuawi	Bexley AC	28.28
7	227	Holly Fielder	Invicta East Kent AC	29.05
8	228	Mary Obembe	Swale Combined AC	30.45

800m		Final		
No.	Athlete	Club	Perf	
1	237	Phoebe Barker	Tonbridge AC	2:14.61
2	239	Jessica Keene	Blackheath & Bromley H AC	2:20.30
3	242	Lola Wheeler	Medway and Maidstone AC	2:24.62
4	241	Anna Weston	Invicta East Kent AC	2:33.05
5	240	Ciara Mitchell	Cambridge Harriers	2:45.04
6	238	Phoebe Cooper	Bexley AC	2:45.81

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	254	Imogen Munday	Medway and Maidstone AC	64.68
2	233	Jade Fitt	Cambridge Harriers	67.25
3	253	Emilia Isaac	Ashford AC	71.04
4	255	Alexandra Prickett	Ashford AC	75.34
5	252	Alexandra Ferdinando	Medway and Maidstone AC	76.17

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	257	Holly Page	Dartford Harriers AC	4:55.30
2	230	Yasmin Austridge	Blackheath & Bromley H AC	5:17.43
3	256	Molly Hawkins	Cambridge Harriers	5:51.24

CBP

High Jump		Final			
No.	Athlete	Club	Perf	=CBP	
1	260	Rebecca Hawkins	Bexley AC	1.70	1.60 o;1.65 o;1.70 o;1.75 xxx
2	248	Alice English	Swale Combined AC	1.45	1.40 o;1.45 xo;1.50 xxx

Long Jump		Final			
No.	Athlete	Club	Perf		
1	265	Jamiyla Robinson-Pascal	Blackheath & Bromley H AC	5.53	- 5.53,-; 5.33,-; 5.22,-; 5.41,-; 3.51,-; 5.36,-
2	227	Holly Fielder	Invicta East Kent AC	4.71	- 4.71,-; 4.57,-; 4.43,-; 4.47,-; 4.57,-; 4.58,-
3	262	Jasmine Anderson	Dartford Harriers AC	4.70	- 4.61,-; 4.70,-; 4.57,-; 2.95,-; x; 4.66,-
4	248	Alice English	Swale Combined AC	4.53	- 4.47,-; 4.18,-; 4.28,-; 4.16,-; 4.16,-; 4.53,-
5	263	Jasmine Harding	Invicta East Kent AC	4.40	- 4.40,-; 4.39,-; x; 4.14,-; x; 4.19,-

Triple Jump		Final			
No.	Athlete	Club	Perf		
1	266	Nicole Farmer	Blackheath & Bromley H AC	10.91	- x; x; 10.81,-; 10.79,-; 10.64,-; 10.91,-
2	262	Jasmine Anderson	Dartford Harriers AC	10.35	- 9.29,-; 9.83,-; 10.04,-; 10.35,-; x; 10.03,-

Javelin		Final			
No.	Athlete	Club	Perf		
1	275	Paige Macheath	Cambridge Harriers	35.26	32.60; 33.55; 35.26; 34.67; 34.73; 34.11
2	274	Emilie Knights-Toomer	Ashford AC	33.54	33.54; x; x; 30.62; 32.28; 29.91
3	276	Katie Masters	Swale Combined AC	29.53	25.89; 29.53; x; 29.38; x; 27.51
4	263	Jasmine Harding	Invicta East Kent AC	29.45	29.45; 28.00; x; 28.37; 26.48; 26.35
5	248	Alice English	Swale Combined AC	21.17	x; 19.25; 18.35; x; 19.84; 21.17
6	268	Chloe Williams	Thanet AC	15.62	x; 15.62; x; x; 14.50; 15.26

U17 Women		Heat 1		w/s=-3.8	
No.	Athlete	Club	Perf		
1	406	Louise Evans	Invicta East Kent AC	26.48	Q
2	388	Eleanor Callaghan-Inge	Medway and Maidstone AC	27.73	Q
3	399	Hannah Scrivens	Invicta East Kent AC	28.72	Q
4	393	Samantha Hockey	Paddock Wood AC	29.27	q
5	391	Lilly Ebsworth	Paddock Wood AC	29.61	q

200m		Heat 2		w/s=-5.1	
No.	Athlete	Club	Perf		
1	396	Djamilla Nkereuwem	Invicta East Kent AC	28.06	Q
2	409	Renay Thomas	Cambridge Harriers	28.42	Q
3	402	Emily Worsfold	Cambridge Harriers	29.00	Q
4	407	Katie Lacey	Folkestone Running Club	30.91	
	394	Zoe Martial	Blackheath & Bromley H AC	DNS	

200m		Final		w/s=-3.3	
No.	Athlete	Club	Perf		
1	406	Louise Evans	Invicta East Kent AC	26.66	
2	388	Eleanor Callaghan-Inge	Medway and Maidstone AC	27.64	
3	409	Renay Thomas	Cambridge Harriers	27.80	
4	396	Djamilla Nkereuwem	Invicta East Kent AC	27.81	
5	399	Hannah Scrivens	Invicta East Kent AC	29.02	
6	402	Emily Worsfold	Cambridge Harriers	29.45	
7	391	Lilly Ebsworth	Paddock Wood AC	29.56	
8	393	Samantha Hockey	Paddock Wood AC	30.14	

800m		Heat 1			
No.	Athlete	Club	Perf		
1	420	Lara Atkinson	Cambridge Harriers	2:29.98	Q
2	429	Lily Tappenden	Blackheath & Bromley H AC	2:30.22	Q
3	427	Elizabeth Miller	Tonbridge AC	2:31.69	Q
4	425	Freya Lee	Invicta East Kent AC	2:33.10	q
5	416	Amberley Odysseas	Ashford AC	2:37.18	
6	428	Amy Piper	Thanet Roadrunners AC	2:38.10	

800m		Heat 2			
No.	Athlete	Club	Perf		
1	421	Kelsi Cornish	Blackheath & Bromley H AC	2:31.27	Q
2	431	Beth Williams	Thanet Roadrunners AC	2:32.36	Q
3	423	Matilda Hall	Tonbridge AC	2:32.62	Q
4	412	Isabel Lloyd	Dartford Harriers AC	2:35.15	q
5	424	Elena Jury	Swale Combined AC	2:35.96	
6	422	Rebecca Hales	Thanet Roadrunners AC	2:45.45	



800m		Final		
No.	Athlete	Club	Perf	
1	431	Beth Williams	Thanet Roadrunners AC	2:23.61
2	420	Lara Atkinson	Cambridge Harriers	2:24.15
3	421	Kelsi Cornish	Blackheath & Bromley H AC	2:24.75
4	429	Lily Tappenden	Blackheath & Bromley H AC	2:27.47
5	427	Elizabeth Miller	Tonbridge AC	2:28.15
6	423	Matilda Hall	Tonbridge AC	2:33.73
7	425	Freya Lee	Invicta East Kent AC	2:34.97
8	412	Isabel Lloyd	Dartford Harriers AC	2:39.25

300m Hurdles		Final		
No.	Athlete	Club	Perf	
1	419	Eleanor Wastell	Medway and Maidstone AC	46.03
2	415	Nika Najjar	Medway and Maidstone AC	46.72
3	435	Zoe Austridge	Blackheath & Bromley H AC	48.71
4	438	Lauren Macey	Invicta East Kent AC	49.77
5	412	Isabel Lloyd	Dartford Harriers AC	50.22
6	410	Zara Edeleanu	Medway and Maidstone AC	51.00
	414	Lucy Maunders	Medway and Maidstone AC	DNF

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	441	Jessica Sellar	Blackheath & Bromley H AC	6:11.21

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	450	Lois Warden	Bexley AC	3.35
2	446	Eleanor Barrett	Blackheath & Bromley H AC	2.90
3	435	Zoe Austridge	Blackheath & Bromley H AC	2.60
4	448	Elise Swatton	Blackheath & Bromley H AC	2.50
5	447	Imogen Sears	Blackheath & Bromley H AC	2.40
6	398	Abigail Sayer	Thanet AC	2.00

3.20 o;3.35 xxo;3.51 xxx  
2.70 o;2.80 o;2.90 o;3.00 xxx  
2.30 o;2.40 o;2.50 o;2.60 xxo;2.70 xxx  
2.20 xo;2.30 o;2.40 xo;2.50 xo;2.60 xxx  
2.30 o;2.40 o;2.50 xxx  
2.00 xxo;2.10 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	462	Eloise Locke	Blackheath & Bromley H AC	12.40
2	463	Hannah Macaulay	Blackheath & Bromley H AC	11.83
3	437	Lauren Farley	Blackheath & Bromley H AC	11.05
4	459	Kirsty-Anne Ebbage	Tonbridge AC	11.00
5	454	Emily Giardina	Thanet AC	8.63
6	400	Courtney Sinclair	Cambridge Harriers	6.86
7	460	Lexie Hammon	Swale Combined AC	6.72

12.40; 10.78; 11.75; 10.98; 11.50; 11.77  
11.80; x; 11.52; 11.53; 11.37; 11.83  
10.65; 10.94; 10.63; 10.60; 10.51; 11.05  
11.00; 10.25; 10.82; 10.38; 10.95; 10.61  
6.79; 7.47; 8.22; 7.98; 7.38; 8.63  
6.86; x; 5.44  
6.66; 6.72; x

Discus		Final		
No.	Athlete	Club	Perf	
1	463	Hannah Macaulay	Blackheath & Bromley H AC	35.77
2	459	Kirsty-Anne Ebbage	Tonbridge AC	32.75
3	464	Freya Simkins	Ashford AC	19.42
4	460	Lexie Hammon	Swale Combined AC	16.66

33.92; 35.77; x; 30.53; 29.59; 33.80  
32.75; 28.74; x; 32.03; 30.30; 29.37  
19.42; x; x; 19.31; 19.24; 17.11  
13.44; 16.66; 16.13; 14.08; x; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	459	Kirsty-Anne Ebbage	Tonbridge AC	39.80
2	442	Jacqueline Benson	Ashford AC	28.30
3	460	Lexie Hammon	Swale Combined AC	25.02

x; x; 36.38; x; 38.18; 39.80  
26.53; 27.97; 27.93; x; 27.88; 28.30  
22.00; 24.83; 22.68; 24.15; 22.62; 25.02

U15 Girls		Heat 1			w/s=-2.8
200m		No.	Athlete	Club	Perf
1	575	Kaliyah Young	Dartford Harriers AC	27.54	Q
2	576	Emily Bowart	Tonbridge AC	28.23	Q
3	581	Rebecca Maddy	Cambridge Harriers	28.28	
4	552	Kimberley Garcia	Paddock Wood AC	29.50	
5	555	Freya Jury	Swale Combined AC	30.21	

200m		Heat 2			w/s=-1.9
No.	Athlete	Club	Perf		
1	564	Holly Mpassy	Blackheath & Bromley H AC	26.81	Q
2	573	Zsariah Thomas	Blackheath & Bromley H AC	27.97	Q
3	580	Isabelle Harding	Invicta East Kent AC	28.42	
4	571	Ella Saxby	Ashford AC	29.58	
5	554	Libby Johnson	Folkestone Running Club	30.05	
6	559	Grace King	Paddock Wood AC	30.61	

200m		Heat 3		w/s=-3.8	
No.	Athlete	Club	Perf		
1	568	Maisie Rixon	Tonbridge AC	27.30	Q
2	553	Esther Jackson	Cambridge Harriers	27.95	Q
3	572	Sarris Teale	Ashford AC	28.19	q
4	570	Keira Rose	Medway and Maidstone AC	28.20	q
5	577	Mia Cox	Medway and Maidstone AC	31.31	
6	582	Mia Thurston-Mathews	Cambridge Harriers	35.04	

200m		Final		w/s=-4.6	
No.	Athlete	Club	Perf		
1	564	Holly Mpassy	Blackheath & Bromley H AC	26.39	
2	568	Maisie Rixon	Tonbridge AC	26.86	
3	575	Kaliyah Young	Dartford Harriers AC	26.87	
4	553	Esther Jackson	Cambridge Harriers	27.23	
5	573	Zsiriah Thomas	Blackheath & Bromley H AC	27.82	
6	576	Emily Bowart	Tonbridge AC	27.94	
7	570	Keira Rose	Medway and Maidstone AC	28.16	
8	572	Sarris Teale	Ashford AC	28.36	

800m		Heat 1			
No.	Athlete	Club	Perf		
1	609	Morgan Squibb	Blackheath & Bromley H AC	2:23.07	Q
2	580	Isabelle Harding	Invicta East Kent AC	2:29.15	Q
3	599	Katie Burgess	Tonbridge AC	2:30.26	Q
4	606	Jessica Neal	Blackheath & Bromley H AC	2:30.87	q
5	586	Daniella Harper	Blackheath & Bromley H AC	2:33.11	
6	605	Rebecca Lloyd	Dartford Harriers AC	2:34.88	
7	591	Kelsey Pullin	Blackheath & Bromley H AC	2:40.51	

800m		Heat 2			
No.	Athlete	Club	Perf		
1	603	Ellie Dolby	Blackheath & Bromley H AC	2:27.12	Q
2	589	Rebekah O'Brien	Tonbridge AC	2:27.30	Q
3	592	Maddison Sawyer	Invicta East Kent AC	2:27.53	Q
4	597	Ailbhe Barnes	Cambridge Harriers	2:27.86	q
5	602	Emily Davis	Blackheath & Bromley H AC	2:44.47	
6	607	Bethany Panton	Blackheath & Bromley H AC	2:51.25	
7	584	Isobelle Brooman	Invicta East Kent AC	2:58.17	
8	601	Flora Currie	Tonbridge AC	2:59.21	

800m		Final			
No.	Athlete	Club	Perf		
1	609	Morgan Squibb	Blackheath & Bromley H AC	2:16.58	
2	589	Rebekah O'Brien	Tonbridge AC	2:19.89	
3	603	Ellie Dolby	Blackheath & Bromley H AC	2:22.26	
4	597	Ailbhe Barnes	Cambridge Harriers	2:28.19	
5	592	Maddison Sawyer	Invicta East Kent AC	2:28.70	
6	599	Katie Burgess	Tonbridge AC	2:29.81	
7	580	Isabelle Harding	Invicta East Kent AC	2:30.62	
8	606	Jessica Neal	Blackheath & Bromley H AC	2:33.69	

75m Hurdles		Heat 1		w/s=-1.8	
No.	Athlete	Club	Perf		
1	575	Kaliyah Young	Dartford Harriers AC	11.79	Q
2	572	Sarris Teale	Ashford AC	12.02	Q
3	623	Emily Russell	Thanet AC	12.49	Q
4	624	Samantha Stubbs	Tonbridge AC	12.98	q
5	588	Emily Newnham	Medway Park Phoenix	13.73	q
6	582	Mia Thurston-Mathews	Cambridge Harriers	15.42	

75m Hurdles		Heat 2		w/s=-2.9	
No.	Athlete	Club	Perf		
1	578	Emily Frimpong	Bexley AC	12.18	Q
2	560	Kaliyah Lacey	Ashford AC	12.43	Q
3	579	Asmara Griffiths	Cambridge Harriers	13.30	Q
4	622	Katie Rothery	Medway and Maidstone AC	14.17	
5	621	Macey Forster	Folkestone Running Club	14.25	
6	577	Mia Cox	Medway and Maidstone AC	16.37	

75m Hurdles		Final		w/s=-1.3	
No.	Athlete	Club	Perf		
1	575	Kaliyah Young	Dartford Harriers AC	11.80	
2	578	Emily Frimpong	Bexley AC	12.18	
3	572	Sarris Teale	Ashford AC	12.26	
4	560	Kaliyah Lacey	Ashford AC	12.36	
5	623	Emily Russell	Thanet AC	12.56	
6	624	Samantha Stubbs	Tonbridge AC	12.75	
7	588	Emily Newnham	Medway Park Phoenix	12.84	
8	579	Asmara Griffiths	Cambridge Harriers	13.21	

**Pole Vault****Final**

No.	Athlete	Club	Perf
1	629 Catherine Davies	Tonbridge AC	2.70
2	630 Grace Pitman	Ashford AC	2.60

2.30 o;2.40 o;2.50 o;2.60 o;2.70 xo;2.80 xxx  
2.40 o;2.50 o;2.60 o;2.70 xxx

**Shot****Final**

No.	Athlete	Club	Perf
1	635 Nana Gyedu	Cambridge Harriers	13.05
2	638 Zara Obamakinwa	Medway and Maidstone AC	11.02
3	640 Abigail Stewart	Cambridge Harriers	10.94
4	568 Maisie Rixon	Tonbridge AC	9.55
5	578 Emily Frimpong	Bexley AC	9.32
6	590 Eliz O'Donnell	Tonbridge AC	8.55
7	636 Hollie Newman	Medway and Maidstone AC	8.21
8	550 Imogen Davis	Invicta East Kent AC	8.01
9	637 Elle Nikhwai	Tonbridge AC	6.95
10	555 Freya Jury	Swale Combined AC	6.74
11	566 Lydia Owen	Ashford AC	6.59

CBP

13.05; 11.74; 11.31; 11.83; x; 12.95  
11.02; 9.51; 10.52; x; x; x  
10.68; 10.61; 10.20; 10.94; 10.60; 10.49  
9.34; 9.55; 9.12; 9.38; 9.28; x  
9.03; 9.12; 9.32; 8.63; -; -  
8.55; 7.11; 7.88; 7.98; 7.93; 8.08  
8.21; 8.07; 8.15; -  
8.01; 7.86; 7.78; -  
6.95; 6.73; 6.26; -  
6.07; 6.74; x; -  
6.59; x; 6.47; -

**Discus****Final**

No.	Athlete	Club	Perf
1	638 Zara Obamakinwa	Medway and Maidstone AC	29.30
2	640 Abigail Stewart	Cambridge Harriers	25.55
3	642 Elsie Christopher-Soares	Medway and Maidstone AC	23.45
4	643 Amy Willard	Swanley and District AC	18.43
5	637 Elle Nikhwai	Tonbridge AC	16.36
6	639 Emma Osborn	Bexley AC	12.18

26.69; 27.86; 21.80; 22.23; 29.30; 24.54  
19.52; 24.50; 20.95; 25.55; 22.20; 25.21  
23.45; x; x; x; x; 17.87  
14.62; 18.43; 17.41; 17.42; 16.91; 18.04  
16.36; 13.33; 15.44; 16.28; 13.31; 15.02  
10.97; 12.18; 9.93; 11.09; 10.72; 10.59

**Hammer****Final**

No.	Athlete	Club	Perf
1	644 Katherine Donnelly	Medway and Maidstone AC	34.86
2	637 Elle Nikhwai	Tonbridge AC	21.88
3	639 Emma Osborn	Bexley AC	14.63

30.87; 32.02; 34.86; 30.15; 30.96; x  
21.11; 20.72; 21.88; x; 20.20; 15.55  
14.63; 13.01; 13.98; 11.84; 10.56; 13.48