

National 12 stage Road Relays at Sutton Coldfield, 8th April 2017

Men

(6 x 8.66k/5.38 miles odd numbered legs, 6 x 5.14k/3.19 miles even numbered legs) - 67 teams started, 61 finished. Winning team 4-15.06

Leg	Name	Time	Position after leg	Comment
1	Max Nicholls	27.22	20	27.50 in 2016
2	Dom Brown	15.34	9	Pulled calf with 800m to go. 15.44 in 2016
3	Charlie Joslin-Allen	27.08	6	
4	Jamie Goodge	16.15	9	
5	George Duggan	27.50	9	
6	Jamie Bryant	16.28	8	
7	Nathan Marsh	27.41	9	28.27 in 2016
8	Michael Ellis	16.47	9	
9	Julian Rendall	28.53	10	
10	Donald Carter	16.17	8	15.31 in 2016
11	Ben Cole	27.08	8	26.33 in 2016
12	Sean Molloy	16.00	6	Best run of the season
		4.23.23	6 th	Best ever is 5 th 2015 and 2016

Fastest Long Leg - Dewi Griffiths (Swansea) 25.10

Fastest Short Leg – Doug Musson (Notts AC) 14.46

Women

(2 x 8.66k/5.38 miles legs 1 & 4, 4 x 5.09k/3.16 miles legs 2,3,5,6) - 56 teams started, 47 finished. Winning team 2.12.44

Leg	Name	Time	Position after leg	Comment
1	Nicole Taylor	31.30	8	
2	Megan Brickell	19.13	13	Best run of the season
3	Polly Pitcairn-Knowles	21.24	16	Best run of the season
4	Chloe Bird	33.48	15	
5	Lucy Thompson	22.16	16	
6	Lucy Pitcairn-Knowles	21.58	20	
		2.30.09	20 th	Best ever and only time is 21st

Fastest Long Leg – Verity Ockenden (Swansea) 29.45

Fastest Short Leg – Kate Maltby (Bristol) 16.38