Code of Conduct For Junior Members and Vulnerable Adult Members

Tonbridge Athletic Club (TAC) is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The Club believes that it is important that members, coaches, administrators and parents associated with the Club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the Club with any member of the Management Committee

As a member of TAC, you are expected to:

- Take responsibility to ensure you are up to date with the Club's rules, understand and keep to them.
- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics
- Act with good manners towards others
- Pay any fees for training or fixtures promptly
- Recognize the valuable contribution made by coaches and officials who are all volunteers
- Consistently promote positive aspects of the sport such as fair play and never support rule violations or the use of prohibited or age-inappropriate substances
- Never engage in irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
- Use correct and proper language at all times
- Wear suitable kit for training and wear TAC kit when representing the Club
- Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity
- Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time
- Encourage everyone to enjoy sport and understand that people have different motivations for taking part
- Report inappropriate behaviour and language by others to a responsible adult
- Never engage in any inappropriate or illegal behaviour
- Never engage in destructive behaviour and leave athletics and other venues as you find them

The following rules are part of the safeguarding procedures of TAC - See Child Welfare Policy.

- Notify a responsible adult if you have to go somewhere (why, where and when you will return)
- Do not respond if someone seeks private information unrelated to athletics such as personal information, home life information
- Strictly maintain boundaries between friendship and intimacy with a coach or technical official
- Never accept lifts in cars or invitations into homes on your own without the prior knowledge and consent of your parent/carer
- Do not accept a lift from anyone if you will be the only passenger, unless you have informed another adult. Either refuse or insist that someone else goes along too
- Do not accept a lift if you feel uncomfortable
- Do not agree to meet anyone in your own time without informing another adult
- Report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers and Club Welfare Officer as soon as possible
- Report any suspected misconduct by coaches or other people involved in athletics to the Club Welfare Officer as soon as possible