



KCAA



## **Kent under 11 Sportshall Athletics Decathlon & County Trials Sunday 14<sup>th</sup> January 2018 (School Years 5 & 6 only)**

Hosted and organised by Ashford Leisure Trust on behalf of the Kent County Sportshall Association. For the sixth year the trials will involve a sportshall athletics decathlon competition involving events for the regional fun in athletics event in February. The top performers from the decathlon competition and the KCAA championships on Sunday 10<sup>th</sup> December 2017 will be selected and invited to represent Kent at the South East Regional Fun in Athletics event to be held in February.

### **Sportshall Athletics Decathlon**

Sunday 14<sup>th</sup> January 2018

10.00 - 1330

£6 entry fee

At the **Stour Centre**, Ashford TN23 1ET

### **Events (athletes will do all 10)**

Balance Test	Chest Push
Standing Long Jump	Vertical Jump
Speed Bounce	10 x 10m Shuttle Run
Target Throw	Soft Javelin
Hi-Stepper	Standing Triple Jump

Following the decathlon events a series of 1 lap sprint and hurdle races will take place. Results from these races will be used to assist the selection of the final Kent Squad.

Medals awarded to top three Boys and Girls  
Certificates for all Participants

### **How to enter...**

Complete the form on page 2 and send along with an entry fee of £6 to:

Community Development Team, Ashford Leisure Trust, the Stour Centre, Station Approach, Ashford, Kent TN23 1ET

**Closing date for entries is Friday 5<sup>th</sup> January 2018**

Note to parents - please be aware that this is not a club/team competition so we ask that a parent/responsible adult are present to supervise your child.



# Kent under 11 Sportshall Athletics Trials

## (School Years 5 & 6 only)

### Entry Form

Name:	School Year:
School/Club:	Boy/Girl:
Email:	Contact no:

### Event Entry Information

The competition costs £6 to enter please tick to confirm you are attending the competition and if you are available if selected to represent Kent at the Fun in Athletics Finals and squad training day.

Event	Entry (Please tick if available)
Sunday 14 <sup>th</sup> January 2018 – U11 Sportshall Decathlon	
Sunday 4 <sup>th</sup> February 2018 – Kent Squad Training Day (Only for selected athletes)	
Saturday 10 <sup>th</sup> February 2018 – South East Fun in Athletics Festival, Surrey Sports Park (Only for selected athletes)	

**Parental Consent** - I give permission for the above named child to take part in the Kent U11 Sportshall Athletics Trials and I am aware that my child must be accompanied by myself (or another responsible adult) at the event.

I have enclosed an entry fee of £6.00  
(Cheques made payable to Ashford Leisure Trust).

**PHOTOGRAPHY/FILMING** - There may be filming and photography at the event which may be used in publicity materials e.g. leaflets, newsletters or on official websites. Sport England advises all activity providers to ensure that images are not accompanied by names or details that could identify individuals. **I DO / DO NOT** give permission for the young person named above to be filmed or photographed during the event as described above (Please delete as appropriate).

Print name:..... Signature:.....

*Please note that the final Kent Squad will be selected following review of results from the U11 Sportshall Decathlon and the KCAA County Championships held on Sunday 10<sup>th</sup> December. The Kent selection panel's decision is final.*

**Please send the completed entry form and payment to:**

Community Development Team, Ashford Leisure Trust, the Stour Centre, Station Approach,  
Ashford, Kent TN23 1ET

*All Cheques are made payable to 'Ashford Leisure Trust' or Bank Transfer*

#### **Ashford Leisure Trust Payment Information**

**Sort Code:** 60-01-21

**Account:** 47630620

Please put the reference as follows: Athletes surname followed by the word 'Kent DEC'